

## Adult Behavioral Health Services in Potter County

### A Way Out

Coudersport, Pa 814-274-0240

- Domestic Violence and Sexual Abuse
- Parenting
- Groups

### Beacon Light

Bradford, Pa (814) 817-1400

- Mobile Medication Management

### Dickinson Center, Inc.

Coudersport Pa 814-274-8651

- Crisis Services
- Drop In Center
- Outpatient Therapy/Trauma Therapy
- Peer Support
- Psych-Rehab (PRIDE)
- TelePsychiatric Services/Medication Management

### CenClear

800-525-5437

- Mobile Psych Rehab

## Concern Behavioral Health Services

Wellsboro Pa (570) 724-7142

- Crisis Services
- Outpatient/Trauma Therapy

## Merakey

814-371-3763

- Dual Diagnosis Treatment Team - (DDTT)

## Potter County Human Services Department of Mental Health

Roulette Pa 814-544-7315

- Blended Case Management (BCM)
- Forensic Re-entry Specialist

## The Guidance Center

Coudersport Pa 814-274-7011

- Outpatient Therapy/Trauma Therapy
- Parents as Teachers
- Psychiatric Services/Medication Management
- Project RAPPORT

## UPMC - Cole

Coudersport Pa 814-274-9300

- Outpatient Therapy - in rural health centers and at the hospital
- TelePsychiatric Services/Medication Management

## Definitions

Blended Case Management (BCM)- Linking clients to appropriate Mental Health services. Assisting consumers to obtain and maintain the necessary supports to remain in the community. Treatment planning, with the direct participation of the consumer and designed to meet their specific needs. BCM is on call for twenty-four hour mental health crisis intervention.

Dual Diagnosis Treatment Team (DDTT) - is comprised of a specialized mobile team of professionals including a Psychiatrist, a Behavioral Specialist, Recovery Coordinators, a Nurse, and a Pharmacist, providing treatment, support, and education for individuals in the community age 16 and over with a mental illness and co-morbidity development disability. Individuals referred to DDTT are in crisis, at risk of losing community tenure, and/or transitioning from acute care hospitalization.

Forensic Re-entry Specialist- Will help with individuals that are intertwined with the judicial system and in need of assistance transitioning home following time in jail or at a rehabilitation center.

Mobile Medication Management - For persons diagnosed with a serious mental illness, the goal of the program is for medications to be taken consistently, safely, as prescribed and ultimately independently. A nurse will go to the home as needed.

Outpatient- Client present for outpatient services for a wide range of mental health concerns (e.g. adjustment issues, depression, anxiety, etc.)

Project RAPPORT- offers pregnancy testing, childbirth and pre-natal education, and case management services for pregnant women and teens. Additional services for pregnant/parenting teens promote school attendance, self-esteem, healthy choices and future planning.

Psychiatric Services/Medication Management - Clients are able to sit down with a psychiatrist and review their symptoms for assistance with medication management.

TelePsychiatric Services/Medication Management - Clients see a Psychiatrist through the internet to receive medication to assist with mental illness.

**Community:**

Dual Diagnosis Treatment Team (DDTT)

Mobile Medication Management

Peer Support

Blended Case Management (BCM)

Forensic Re-Entry Specialist

Project RAPPORT

Anger Management Classes

Parenting Classes

Groups

**Outpatient:**

Outpatient Therapy

Trauma Therapy

Tele-Psychiatric Services/Medication Management

**Inpatient/Short-Term/Day Treatment:**

Drop-In Center

Psych-Rehab (PRIDE)

**Residential:**

Community Residential Rehabilitation (CRR)